



LEADERSHIP SUMMIT

HYATT
REGENCY
AUSTIN

JAN. 25-27

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TMA is strengthening the practice of medicine in Texas with the help of our long-term supporters – TMA 360 Vendors. We encourage you to frequent these vendors with your business.

texmed.org/VendorGuide





Conference Essentials

Registration Hours

Thursday, Jan. 25	11:00 am-5:00 pm
Friday, Jan. 26	7:00 am-7:00 pm
Saturday, Jan. 27	6:30 am-2:30 pm

Exhibit Hours

Friday, Jan. 26	Noon-6:00 pm
Saturday, Jan. 27	7:00 am-12:30 pm

Lactation Room

ZILKER OFFICE

Thursday, Jan. 25	11:00 am-5:00 pm
Friday, Jan. 26	7:00 am-10:00 pm
Saturday, Jan. 27	6:30 am-3:00 pm

Courtesy of the Women Physicians Section and Young Physician Section



Wi-Fi Information

Network: @Hyatt_Events
Passcode: TMALeaders

Parking Information

Current rates do not include tax and are subject to change; all parking is on a space-available basis.

Hyatt Regency Austin

Daily parking: \$15
Overnight parking: \$30
Valet parking, daily: starting at \$28
Valet parking, overnight: \$52

Embassy Suites

Daily parking: \$15
Overnight parking: \$15
No valet parking available

Let's get social.

@texmed @wearetma

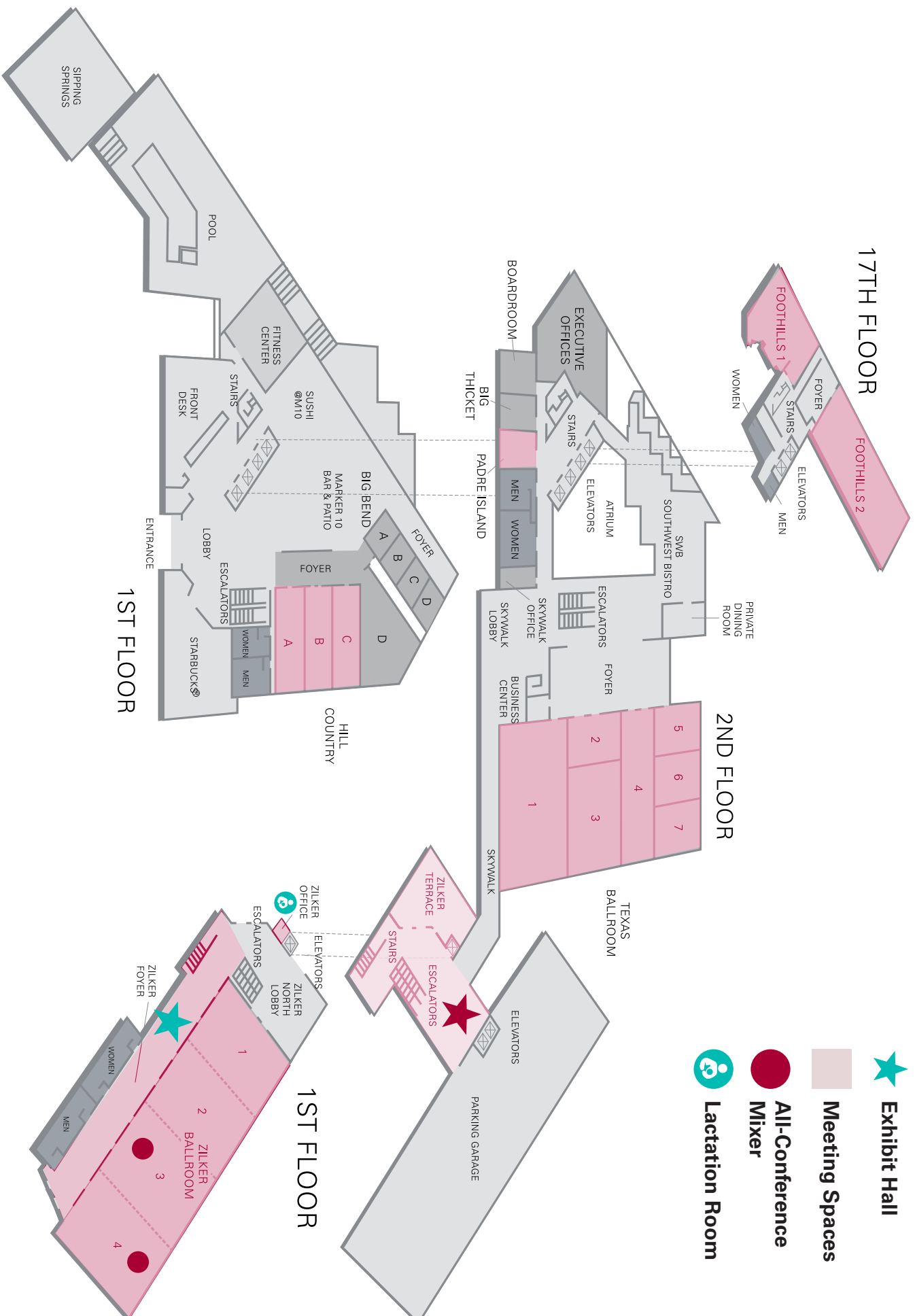
#LeadershipSummit2024

Documenting Your CME Credits

All participants can self-report earned CME credits, including *AMA PRA Category 1 Credits™*, and credits for ethics/professional responsibility. Keep track of your participation to know how many hours/credits you intend to report.

See page 12

Hyatt Regency Austin Floor Plan





AGENDA

Thursday, Jan. 25

Registration
11:00 am-5:00 pm | Zilker Terrace Lobby

8:00 am-9:00 pm Business Meetings *See Business Meeting Schedule*

4:30-6:30 pm
Boot Scootin' Line Dance Lesson *Texas Ballroom 1*

Boot Scootin' Line Dance Lesson

Thursday at 4:30 pm

TEXAS BALLROOM 1



AGENDA

Friday, Jan. 26

Registration

7:00 am-7:00 pm | Zilker Terrace Lobby

Exhibit Hall Open

Noon-6:00 pm | Zilker Foyer

8:00 am-8:00 pm

Business Meetings

See Business Meeting Schedule

12:30-1:00 pm

Coffee and Cookies

Zilker Foyer

12:45-2:00 pm

Opening Session

(1 hour CME/1 hour ethics)

Zilker 2

Rick W. Snyder II, MD, presiding

Making Shift Happen: Rediscovering the Joy of Medicine

Scott Conard, MD; Suzan Oran

Recognize your power for effective change management; understand and manage change in your life.

2:15-3:15 pm

Concurrent CME

(1 hour CME/1 hour ethics)

Getting Your Shift Together: How to Get and Stay on Track

Zilker 4

Scott Conard, MD; Suzan Oran

Identify current strengths and weak spots; design a plan for effective action.

The Value of Legislative Relationship Building

Zilker 1

Moderator: Clayton Stewart

G. Ray Callas, MD; A. Jimmy Widmer, MD

Describe the importance of developing and maintaining a relationship with your elected representatives.

3:30-4:30 pm

Concurrent CME

(1 hour CME/1 hour ethics)

Panel Discussion: Creating a Culture of Wellness

Zilker 4

Moderator: Toi Harris, MD

Panelists: Ali Abbas Asghar-Ali, MD; Amita Kumar, MD; Brian Sayers, MD

Assess the current state of wellness in your organization and develop strategies to improve the well-being of yourself and colleagues.

Understanding PACs: Where Does the Money Go?

Zilker 1

Moderator: Clayton Stewart

Panelists: Matt Brownfield; Susan Lilly

Describe the role of political action committees (PACs) in campaign finance and appropriate uses of contributions.

Hotel Check-In

4:00 pm

Main Lobby

Networking Happy Hour

4:30-5:30 pm

Zilker Foyer

All-Conference Mixer

8:00-10:00 pm

Zilker 3 and Zilker 4

ALL- CONFERENCE MIXER

HOSTED BY TMA SECTIONS
SUPPORTED BY



Friday, Jan. 26 | 8-10 PM

CHOOSE YOUR OWN ADVENTURE ✨

TRIVIA NIGHT: ZILKER 3 | KARAOKE: ZILKER 4



COUNSELING SERVICE:

TMA has contracted with **Anticipate Joy** to provide confidential online professional counseling services to licensed Texas physicians and their immediate family.



For more information, visit texmed.org/WellnessFirst

AGENDA

Saturday, Jan. 27

Registration
6:30 am-2:30 pm | Zilker Terrace Lobby

Exhibit Hall Open
7:30 am-12:30 pm | Zilker Foyer

7:00 am-4:30 pm Business Meetings *See Business Meeting Schedule*

7:00-8:00 am Networking Breakfast *Zilker Foyer*

7:45-8:30 am
Top Issues Impacting Medicine *Zilker 1*

AMA President-Elect Bruce A. Scott, MD; TMA President Richard Snyder, MD
Learn how AMA works to reform Medicare physician payment policies and preserve state scope-of-practice laws. This timely presentation falls after Congress failed to prevent the 3.37% cut to Medicare physician payment in 2024.

8:45-9:45 am (1 hour CME/1 hour ethics)
Concurrent CME

Leading With Inclusivity: A Prescription for Positive Patient Outcomes *Zilker 4*

Binta Brown, EdD
Understand the impact of inclusivity on patient outcomes; develop strategies for fostering inclusive excellence; create a personalized action plan for promoting diversity and inclusion within your health care practice.

Association Leadership – How to Get Involved and Why It Is Important *Zilker 1*

Jennifer Rushton, MD; Jayesh Shah, MD
Identify the benefits of getting involved in various medical associations.

SMALL TALKS COFFEE BREAK

Gather in the Zilker Foyer for casual conversations, to make connections, and to visit with exhibitors.

This break is also a great opportunity to handle your hotel check-out before lunch begins.

The hotel will be happy to hold your bags while you enjoy the rest of the conference. Just ask at the front desk!

9:55-10:25 am	Lifelong Leadership Melanie Fossett, Manager, Sections and Leadership Programs, TMA
10:35-11:05 am	CME and Where to Find It Cheryl Krhovjak, Director, TMA Education Center

AGENDA

Saturday, Jan. 27

Registration

6:30 am-2:30 pm | Zilker Terrace Lobby

Exhibit Hall Open

7:30 am-12:30 pm | Zilker Foyer

11:15 am-12:15 pm

(1 hour CME/1 hour ethics)

Concurrent CME

Understanding Parliamentary Procedure: Mock House of Delegates

Zilker 1

John Flores MD; Brad Holland, MD; with Joshua Baker, Grayson Jackson, Anand Singh, and Natasha Topolski

Describe the purpose and principles of parliamentary procedure and different types of motions; presented in a mock House of Delegates proceedings.

Role of Self-Care in Cultivating a Growth Mindset

Zilker 4

Usha Peri, MD; Nick Shroff, MD

Develop strategies to incorporate self-care into your daily routine.

12:30-2:00 pm

(1 hour CME/1 hour ethics)

General Session/Lunch

Zilker 2

Laurance N. Nickey, MD, Lifetime Achievement Award Presentation

Panel Discussion: Generational Differences Among Leaders

Hosted by the TMA Women Physicians Section | Supported by TMA Insurance Trust

Moderator: Shanna M. Combs, MD

Panelists: Samuel E. Mathis, MD; Maria C. Monge, MD; Brandi N. Ring, MD; AMA President-Elect Bruce A. Scott, MD

Identify the characteristics of different generations, including sources of potential misunderstandings, and develop strategies for bridging the gap to foster more inclusive and collaborative teams.

2:15-3:15 pm

(1 hour CME/1 hour ethics)

Concurrent CME

Media Training Workshop: Take Charge of Your News Interviews

Zilker 4

Brent Annear

Identify do's and don'ts for giving a successful news media interview.

Shades of Gray: How to Identify Patients at Risk for Substance Use Disorders

Zilker 1

*Mandated Training***

Michael Sprintz, DO

Discuss the challenges in identifying substance use disorders (SUD); identify warning signs in patients with or at risk for addiction/SUD.

*** "Shades of Gray: How to Identify Patients at Risk for Substance Use Disorders" is eligible to count towards (1) the eight hours of training on treatment and management of patients with opioid or other substance use disorders required for all U.S. Drug Enforcement Administration-registered practitioners, and (2) the two hours of CME in the study of pain management and the prescribing and monitoring of controlled substances required by the Texas Medical Board (TMB).*

This talk will address the TMB-specified topics of:

- *Best practices, alternative treatment options, and multi-modal approaches to pain management that may include physical therapy, psychotherapy, and other treatments;*
- *Safe and effective pain management related to the prescription of opioids and other controlled substances, including education regarding:*
 - » *Standards of care;*
 - » *Identification of drug-seeking behavior in patients;*
 - » *Effectively communicating with patients regarding the prescription of an opioid or other controlled substances; and*
 - » *Prescribing and monitoring of controlled substances.*

Participation in this program in no way implies the participant has fully met the federally and state-mandated training requirements. Participants are solely responsible for ensuring any mandated training requirements are completed.



SHORT TERM DISABILITY

Can you afford to be without an income for up to 3 months?

Introducing a new plan that can help replace it.

TMA Insurance Trust recognizes our members' financial exposure.

This is why we are introducing the TMA Member Short Term Disability Insurance Plan, issued by The Prudential Insurance Company of America.

This plan will pay weekly benefits of up to \$1,500 and acceptance is guaranteed for members. And with more women joining the Association, we made sure pregnancy is covered for benefits.

Coverage is available for up to 13 weeks and the premiums are affordable, which makes it more accessible to younger members. It's important to us that physicians have access to this vital income protection, and have the opportunity to help ensure their financial stability.



While at the conference, visit our booth for more details or contact a TMA Insurance Trust advisor for more details and to benefit from unbiased guidance and advice. They can be reached at **1-800-880-8181, Monday through Friday from 8:00 AM to 5:00 PM, CST**, or scan the QR code to call.



SCAN TO CALL

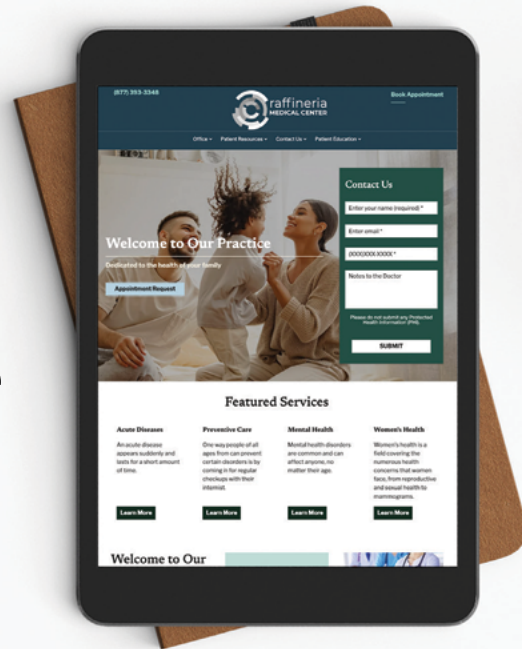
TMA Member Short Term Disability coverage is issued by The Prudential Insurance Company of America, a Prudential Financial company, Newark, NJ. The Booklet-Certificate contains all details, including any policy exclusions, limitations, and restrictions, which may apply. Contract Series: B3500.

1072180-00001-00



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Limited-time offer for new customers only. Excludes PPC or Facebook Ad spend. Other restrictions may apply.

CME INFORMATION

Accreditation Statement

The Texas Medical Association is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

Designation Statement

The Texas Medical Association designates this live activity for a maximum of 7.75 *AMA PRA Category 1 Credits*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

This course has been designated by the Texas Medical Association for 7 credits of education in medical ethics and/or professional responsibility.

Credit designations are subject to change. See individual session descriptions for specific credit designations.

Documenting Your CME Credits

All participants can self-report earned CME credits, including *AMA PRA Category 1 Credits*[™], and credits for ethics/professional responsibility. Keep track of your participation to know how many hours/credits you intend to report.

At the end of the conference, visit tinyurl.com/TMALeadership2024 to self-report your CME credits (see next page). Once self-reported, your CME credits are reflected immediately in TMA's CME database, and your personal CME transcript will be available for viewing and printing.

For more information, contact the TMA Knowledge Center at (800) 880-7955, or visit textmed.org/Transcripts.



"I appreciate being offered these therapy sessions. I would not have thought about taking care of my own mental health in this way."

- a TMLT policyholder



TMLT is partnering with the Travis County Medical Society to bring their Safe Harbor Counseling Program to TMLT policyholders. **TMLT will cover the cost of up to four visits for you and four visits for your spouse/partner with a Safe Harbor counselor.**

The sessions are not reportable; no diagnosis is made; no insurance is billed.

Access begins with your policy renewal.



Travis CMS Safe Harbor Counseling Program

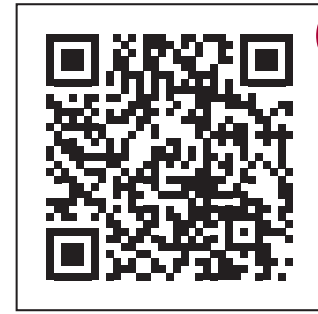
Available through a partnership with TMLT

Learn more at www.tmlt.org/wellness

HOW TO...

Submit Conference Evaluation and Report CME

- 1 Click the QR code or visit tinyurl.com/TMALeadership2024 to complete the evaluation and continue to the CME reporting page.
- 2 You are now at the **List Events with CME** page.
 - Log into your **TMA account**.
 - Use the dropdown menus to select the location, Austin, and the year, 2024.
 - Click on the **Filter** button.
 - You will see a listing for **Leadership Summit**.
 - Click on **Record Attendance**.
- 3 This will take you to the **Event Details** page.
 - **Enter the total number of credits you earned** in the appropriate box. (Physicians should claim only the credit commensurate with the extent of their participation in the CME activities.)
 - **Select the check box** to certify the information is correct.
 - Click on the **Record CME** button.



1

10:19 Leah.McKay@texmed.org Log off

List Events with CME

Location: Austin

Year: 2024

Partial Description: [Empty]

Event Code: [Empty]

Filter

Action	Description	Location	Event Date
Record Attendance	Leadership Summit	Austin	01/26/2024

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cneportal.texmed.org - Private

2

10:20 Leah.McKay@texmed.org Log off

Event Details

Record the amount of time in quarter hour intervals that you attended each event. There are different types of education credits. Be sure to choose the correct one. Check the checkbox before clicking the Record CME button.

Event Description	Event Date	CME Type	CME Total Credits Available	CME Total Credit Attenc
Leadership Summit Austin	01/26/2024	AMA PRA CAT 1	7	0
Leadership Summit Austin	01/26/2024	ETHICS	6	0

I certify to the best of my knowledge that the above information is correct.

Record CME Cancel

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3



Physicians Caring for Texans

BUSINESS MEETINGS

A full list of TMA's boards, councils, committees, and sections is available at texmed.org/BCCInfo.

Many councils and committees hold business meetings in conjunction with TMA's Leadership Summit. At the discretion of the chair, these groups may invite other TMA members and guests to attend their meeting. The chair may also determine whether a guest can participate in the meeting. Guests may be required to leave if the council or committee goes into an executive session for closed deliberation. If you are not a member of these groups, please ensure you have spoken with the appropriate chair or TMA staff member to request or confirm attendance. Meetings of TMA boards are limited to the members of those boards.

DAY	DATE	START	END	GROUP	LOCATION
BOARD MEETINGS					
Thursday	Jan. 25	Noon	5:00 pm	Board of Trustees	<i>Foothills II</i>
Friday	Jan. 26	7:15 pm	9:15 pm	Board of Councilors	<i>Texas 2</i>
COUNCIL MEETINGS					
Friday	Jan. 26	8:30 am	11:00 am	Legislation	<i>Foothills II</i>
Friday	Jan. 26	10:00 am	Noon	Constitution and Bylaws	<i>Texas 7</i>
Friday	Jan. 26	11:00 am	1:30 pm	Medical Education	<i>Texas 1</i>
Friday	Jan. 26	1:45 pm	3:30 pm	Medical Education, Executive Session	<i>Texas 7</i>
Friday	Jan. 26	3:00 pm	5:30 pm	Socioeconomics	<i>Texas 1</i>
Friday	Jan. 26	4:00 pm	6:00 pm	Task Force on Alternative Payment Models	<i>Texas 2</i>
Friday	Jan. 26	5:00 pm	7:00 pm	Health Service Organizations	<i>Padre Island</i>
Friday	Jan. 26	Noon	4:00 pm	Science and Public Health	<i>Texas 3</i>
Saturday	Jan. 27	9:00 am	11:00 am	Health Promotion	<i>Big Bend AB</i>
COMMITTEE MEETINGS					
Tuesday	Jan. 23	3:00 pm	5:00 pm	Infectious Disease	<i>Virtual</i>
Tuesday	Jan. 23	5:30 pm	7:30 pm	Health and Information Technology	<i>Virtual</i>
Wednesday	Jan. 24	7:00 pm	9:00 pm	Cancer	<i>Virtual</i>
Thursday	Jan. 25	3:30 pm	6:00 pm	Physician Health and Wellness	<i>Texas 2</i>
Thursday	Jan. 25	5:00 pm	7:00 pm	Child and Adolescent Health	<i>Virtual</i>
Friday	Jan. 26	9:00 am	10:50 am	Subcommittee for Academic Physicians	<i>Texas 3</i>
Friday	Jan. 26	9:00 am	11:00 am	Reproductive, Women's, and Perinatal Health	<i>Texas 6</i>
Friday	Jan. 26	10:00 am	Noon	Subcommittee on Accreditation	<i>Padre Island</i>
Friday	Jan. 26	11:30 am	3:30 pm	Medicaid, CHIP, and the Uninsured	<i>Texas 5</i>

Having trouble finding your meeting? Visit the registration desk or check the website for the up-to-date schedule.

BUSINESS MEETINGS

A full list of TMA's boards, councils, committees, and sections is available at texmed.org/BCInfo.

DAY	DATE	START	END	GROUP	LOCATION
COMMITTEE MEETINGS					
Friday	Jan. 26	12:30 pm	2:30 pm	Continuing Education	<i>Padre Island</i>
Friday	Jan. 26	2:00 pm	4:00 pm	Ad Hoc on Independent Physician Practice	<i>Foothills II</i>
Friday	Jan. 26	4:30 pm	6:00 pm	Rural Health	<i>Texas 6</i>
Friday	Jan. 26	6:00 pm	8:00 pm	Physician Distribution and Health Care Access	<i>Texas 7</i>
Friday	Jan. 26	6:00 pm	8:00 pm	Behavioral Health	<i>Texas 5</i>
Saturday	Jan. 27	8:30 am	10:00 am	Interspecialty Society	<i>Hill Country AB</i>
SECTION MEETINGS					
Friday	Jan. 26	5:00 pm	6:30 pm	International Medical Graduate	<i>Texas 3</i>
Friday	Jan. 26	7:00 pm	8:30 pm	Young Physician	<i>Texas 3</i>
Friday	Jan. 26	7:00 pm	8:30 pm	Resident and Fellow	<i>Texas 1</i>
Saturday	Jan. 27	7:30 am	9:00 am	Women Physicians	<i>Zilker 2/3</i>
Saturday	Jan. 27	10:15 am	11:15 am	LGBTQ Health	<i>Hill Country C</i>
Saturday	Jan. 27	2:00 pm	4:30 pm	Medical Student	<i>Zilker 4</i>
CAUCUS MEETINGS					
Friday	Jan. 26	4:15 pm	5:15 pm	House Steering	<i>Texas 5</i>
Saturday	Jan. 27	7:30 am	8:30 am	Border Health	<i>Foothills II</i>
TEXPAC MEETINGS					
Friday	Jan. 26	Noon	2:00 pm	Candidate Evaluation Committee	<i>Texas 2</i>
Friday	Jan. 26	2:00 pm	3:00 pm	Executive Committee	<i>Texas 2</i>
Friday	Jan. 26	6:00 pm	7:00 pm	Reception	<i>Zilker Terrace</i>
Friday	Jan. 26	7:00 pm	9:00 pm	Board of Directors Meeting	<i>Zilker 1</i>
TMA FOUNDATION MEETINGS					
Tuesday	Jan. 23	6:00 pm	8:00 pm	Board of Trustees	<i>Virtual</i>
TMA INSURANCE TRUST MEETINGS					
Friday	Jan. 26	5:30 pm	7:30 pm	Board of Trustees	<i>Foothills I</i>
OTHER MEETINGS					
Friday	Jan. 26	5:00 pm	7:00 pm	Texas Delegation to the AMA	<i>Foothills II</i>

Having trouble finding your meeting? Visit the registration desk or check the website for the up-to-date schedule.

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Save **THE** Date

TEX MED 24

ADVOCATE
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MAY 2-4
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REGISTRATION
NOW OPEN!

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Physicians Caring for Texans

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